

Mentee Profile Sheet (students)

- All information will be treated confidentially and used only in the context of this mentoring programme. Apart from the contact details, all information is voluntary. However, the more comprehensive this information is, the better we can respond to it in the matching process.
- Depending on the number of applications, it may not be possible for all mentees registered to participate. However, we try to find the best solution for everyone.

family name		given name	
date of birth		children (age)	
e-mail		telephone	
postal address			

gender identity: female male diverse other:

study programme	
semester	
undergrad / postgrad	
specialisation/subject area	

Have you already studied in another degree programme or completed vocational training before your current studies? If yes, which one?

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Do you already have practical experience?
(Internships, jobs, professional activity - please specify with time periods)

	no

In which areas would you like to work in the future?

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Do you currently have connections to one or more companies? If yes, which one(s)?
(Bachelor thesis/Master thesis/working student employment etc.)

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Which of the following areas of development would you like to work on as part of the mentoring programme (multiple answers possible)?

☐	defending your own point of view
☐	dealing with feedback
☐	confident demeanour
☐	handling conflicts
☐	self-reflection
☐	networking skills
☐	leadership skills
☐	time management
☐	communication skills
☐	presentation skills
other:	

Which of the following topics would you like to work on with the mentor (*please select the three to five most important topics for you*)?

☐	job and career planning
☐	application
☐	professional exchange and support during your studies
☐	supervision of final theses
☐	contact mediation, introduction to networks
☐	personal development
☐	balancing family and career
☐	placement in internships, if possible
☐	jobshadowing (accompanying mentor to place of work)
☐	equal opportunities at work/ working as a woman in a male domain
☐	private contact
☐	working abroad
other:	

What other ideas do you have about a mentoring relationship? (e.g. type of cooperation, time between meetings ...) What particularly appeals to you about participating?

How do you spend your free time, what are you passionate about?

I would like to be part of the Bavaria-wide career support programme for women "BayernMentoring"¹:

☐ yes ☐ no

I agree that my contact details (name, degree programme, e-mail) may be passed on to other participants for the purpose of contacting each other:

☐ yes ☐ no

In which language should tandem meetings preferably take place?²

German

English

Declaration:

I hereby submit a binding application for admission to the mentoring programme "professional steps". If I am accepted to the programme, I commit to regular contact with my mentor.

I hereby confirm and agree that the data I provide in the context of the above-mentioned event may be collected, processed and stored by the OTH Regensburg according to Art. 6 para. 1a DSGVO. I am aware and hereby agree that my data will be stored until the end of the project OTH BRIDGE (end of the year 2028). For the purpose of documentation of the project's progress and its achievement of goals, my data will be shared in an anonymous manner (without my name) with the German Academic Exchange Service (DAAD). I am aware that I can revoke my consent at any time for the future. The legality of the data processing carried out on the basis of the consent until the revocation is not affected by this. For questions I can contact the International Office at international-students@oth-regensburg.de.

Please send the completed profile sheet to the project coordinator via email:

mentoring@oth-regensburg.de

We will then contact you to inform you about the next steps.

¹The BayernMentoring programme is run by the Landeskongferenz der Frauenbeauftragten der bayerischen Hochschulen für angewandte Wissenschaften since 2005/2006. If you want to participate in BayernMentoring, we will always assign a female mentor to you. There are also additional Bavaria-wide seminars available to you.